

### **AMENDMENTS TO THE ABSTRACT**

Kindly replace the original abstract (page 44) with the following substitute abstract.

## ABSTRACT

A medium which recording and reproducing is performed by irradiation with light from a film surface and which has high reliability and excellent heat endurance. To achieve this object, a lubricating layer is formed over a recording film having at least a magnetically anisotropy, which is formed on a disk substrate, with a protective layer having a lower thermal conductivity than the recording film being interposed therebetween.